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**outlook**

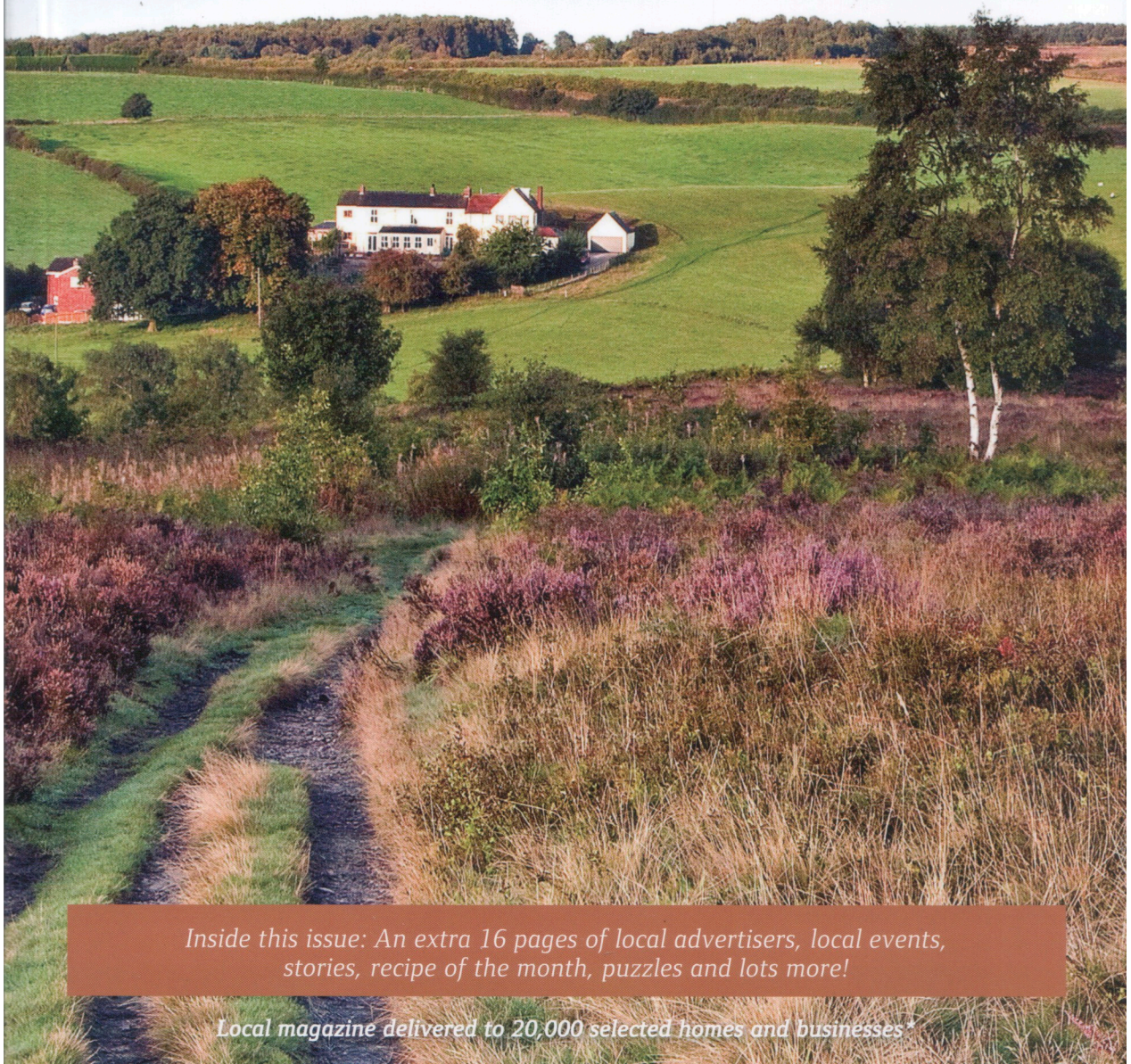
October/November 2013

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# Sue's Helpful Horse Hint's

**An inspiring collection of proven practical horsey tips, the book 'Sue's Helpful Horse Hint's' by Staffordshire author Sue Palmer is now available!**

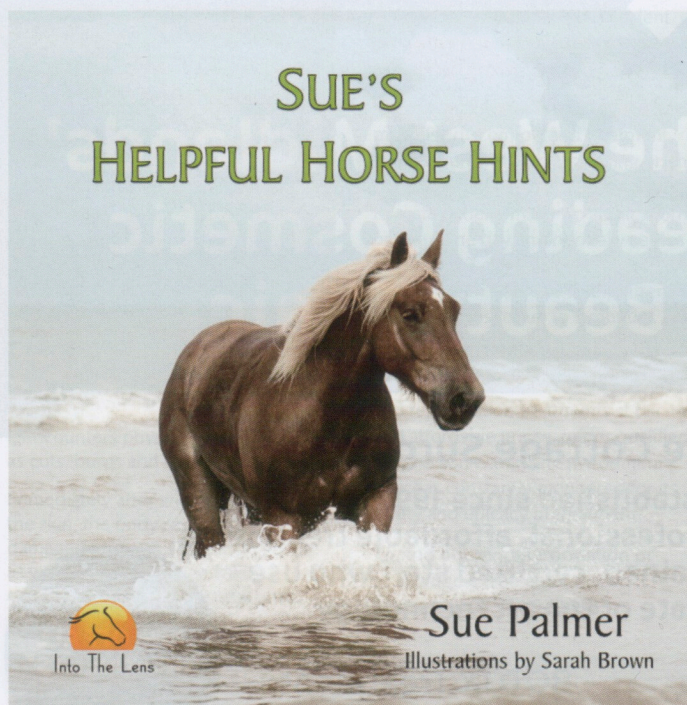
*From Sue Palmer on 2nd September 2013 in Stafford, Staffordshire, UK*

Sue Palmer MCSP today releases her latest book, **'Sue's Helpful Horse Hints'**.

'Sue's Helpful Horse Hints' is an inspiring collection of proven practical horsey tips from Chartered Veterinary Physiotherapist and Equine Behaviourist Sue Palmer. Thought provoking and guaranteed to make you smile, this book encourages the reader to look at life from the horse's point of view and is a must for every tack room. This is Sue Palmer's second book, the first being the well-received 'Horse Massage for Horse Owners', published through J A Allen.

This exciting collection of practical tips encourages the reader to look at life from their horse's point of view, with unique hand drawn cartoons that have them giggling to themselves while they read. In it you'll find helpful hints you can use immediately with your own horse. Simple ideas and exercises give results that last a lifetime, enhancing your relationship with your horse and potentially improving his behaviour and performance.

Sue says "I'm very excited that this book has reached publication, it's been a real family effort. I post a 'helpful horse hint' on my Holistic Horse Help facebook page every day, which has over 2000 followers, and I send a weekly 'helpful horse hints' email to over 9000 subscribers. When I approached my mum, who has always loved drawing and painting, with the suggestion that she come up with



*cartoons to go with the hints and we put them together in a book, she was as excited as I was. And with my husband Simon publishing the finished article, I'm exceptionally pleased with the end result!"*

**About Sue Palmer, author:** Sue Palmer MCSP, author of 'Horse Massage for Horse Owners', is a Chartered Veterinary Physiotherapist and Intelligent Horsemanship Recommended Associate based in Stafford, Staffordshire. Also a BHSAI, Sue is committed to educating horse owners about the potential physical causes of behavioural problems, particularly ridden ones, and at the time of writing is physio on tour with Monty Roberts and Kelly Marks in the UK. (A valued member of Monty Roberts' tour team in the UK for many years, Sue is currently cutting back on her touring duties to spend time with her 1yr old boy Philip)

**About Sarah Brown, illustrator:**

Sarah Brown, artist extraordinaire, wife, and mother of three (including Sue), has enjoyed painting and drawing ever since she can remember. Horses have been a part of her life since she was a young child when she helped her father on his milk round with his pony and trap, and it is through Sarah that Sue developed her passion for the equestrian world. Although Sarah has won competitions for her artwork and one of her pictures has been displayed in the National Gallery, this is her first published work.

This book is published by Simon Palmer, Into The Lens Ltd, and is available from: [www.holistichorsehelp.com](http://www.holistichorsehelp.com).

If you would like a review copy please contact Sue Palmer directly (contact details below).

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